OCTOBER NEWSLETTER

October

2021

DENMARK ELEMENTARY SCHOOL

PTO Spirit Wear Sale Open Now!

Our PTO Spirit Wear Sale is back! The link to shop is https://www.valleyadvertise.com/team-pride/denmark-school A portion of the proceeds will benefit our Denmark PTO.

The shop will be open until October 14th and items will ship three weeks after that date. Any questions, please contact Sara Wiltman at wiltmans@denmark.k12.wi.us

Thank you for your support!



One of the many great items for sale!

Picture Day Information—ORDERS DUE BY 10/5/21

All picture orders will be placed online this year. Follow the steps on your child's proof order form or read instructions below:

- 1. Go to Harmann.com/ordering or scan QR code
- 2. Enter your school's code: DENMARK2021
- 3. Click on your school's name
- 4. At checkout, enter your student ID or reference number

Contact Harmann's at customercare@harmann.com or 1-800-236-8910 with any questions. Thank you!

Parent/Teacher Conference Date Changes

Parent/Teacher Conferences will now be held on Tuesday, November 16th and Thursday, November 18th. Conferences will be done virtually via a phone call with parents/guardians.

DIAL "1" for the Attendance Line

When you call the Elementary School (920-863-4050) to report your child's absence, simply press "1" to leave us a message on our attendance voicemail.

5th-grade field trip to Barkhausen Wildlife Preserve

5th-graders will be taking a field trip to Barkhausen Wildlife Preserve. They will be taking a class on Pond Study and Recycling: Nature's Way. Seabaugh, Geffers, and 1/2 of Schultz will be going on October 12, and on October 13 it will be Brunette, McPherson, and the other 1/2 of Schultz.

Homecoming Week Dress Up Days!

Monday, October 4

Monday is all about the safari look, so wear your safari gear and animal print!





Tuesday, October 5

Professional Sports Day! - Wear your jersey!

Sport that hoodie! Dress-up as a player from your favorite sport!

Wednesday, October 6

Construction Worker! - We can fix it! Dress up like a construction worker (please leave the tools at home).





Thursday, October 7

Pink Out to Support Sting Cancer - To show our support for our Girls Varsity Volleyball Team's Sting Cancer Pink-Out game, we're going to wear all pink, all day!

Friday, October 8

Viking Pride Day - Have a Viking shirt? Wear it! Have purple and yellow? Put it on! We're beaming with school pride and are going to make sure everyone knows.



October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 No School	2
3	4		$\epsilon_{ m pmecoming}$ We 2 for Dress (8>	9
10	11	12 5th Grade Fig See page 2 fo	-	14	15	16
17	18	19	20		22ek Dress Up Days 7 for details)	23
24		26on Week Dress e page 7 for deta	-	28 No School	29 No School	30
31			Nov. 3 Picture Re- take Day			



Denmark

October 2021

Double Good Popcorn Sale!

We will be conducting a fundraiser with Double Good Popcorn from Oct. 14–Oct. 18th. This fundraiser is entirely virtual. No need to collect money or deliver products. Just download the app, create a pop–up store, share your store with family and friends, and help earn money for our schools! See the next page for details.

We need you now more than ever. If you would rather not participate, you may also make a monetary donation directly to the Denmark PTO. Simply send your donation to school with your child in an envelope indicating that it is a PTO donation % Kristin Olsen. If you would like to order but not sell popcorn, I will share the link to my pop-up store when the date gets closer. Thank you for your continued support!



123 MINUS

We've got spirit, yes we do!

Watch your email for information on the Denmark Spirit Wear sale. Proceeds go to the Denmark PTO.

PTO President: Kristin Olsen olsenk@denmark.k12.wi.us



A Fundraising Event Has Been Scheduled

The fundraising Event Denmark PTO will begin on Thursday, Oct 14. Forward this email to your participants so they can get started.

Event Name

Event Code

Denmark PTO

XKVPYD

Event Start

Event End

Thursday Oct. 14 @ 7:00 PM CDT

Monday Oct. 18 @ 7:00 PM CDT

We're doing a Double Good virtual fundraiser. It's 100% contactless, we keep 50% of the profit and the product ships directly to your buyers. Here's how to get started Φ

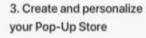
1. Download the Double Good App





2. Enter our fundraising Event Code









There are over a dozen Double Good gourmet popcorn flavors with prices ranging from \$16-\$99

Double Good Pop-Up Store Fundraising



100% Online

No need to ring doorbells or collect money. Purchases are made online form each participant's Pop-Up Store.

50% Profit

No fees. No minimums. You earn 50% of what you sell. On average each participants sells \$300.

Zero Product to Handle

Popcorn is made to order and ships to the doorstep of supporters, anywhere in the USA.



School Counselor's Corner

Dear Parents/Guardians of Students at Denmark Elementary,

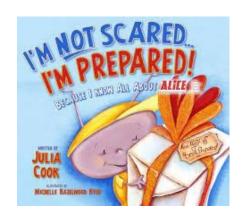
As part of our district-wide initiative in teaching our students how to stay safe using the A.L.I.C.E. principles, students will learn or review what A.L.I.C.E. stands for in an upcoming Guidance lesson. Topics of this lesson include what to do if you are in an unsafe situation both at home and school.

If you would like to know more information about A.L.I.C.E. or what will be presented to your child, please feel free to contact me or visit the A.L.I.C.E. website at https://www.alicetraining.com/.

Jocelyn Ehlert

School Counselor





What are we learning in Guidance?

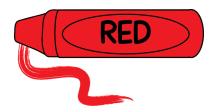
- First Grade: We are discussing safety drills to help us stay safe. We will also talk about celebrating ourselves and how unique we are.
- Second Grade: We are discussing safety drills to help us stay safe.
- Third Grade: We are discussing safety drills to help us stay safe. We will also talk about making good choices.
- Fourth Grade: We are discussing safety drills to help us stay safe. We are also learning about how to respect ourselves.
- Fifth Grade: We are discussing safety drills to help us stay safe.

Red Ribbon Week



It is an ideal way for people and communities to unite and take a visible stand against drugs. Show your personal commitment to a drug-free lifestyle through the symbol of the Red Ribbon, October 23 - 31st. The mission of the Red Ribbon Campaign® is to present a unified and visible commitment towards the creation of a drug-free America. Since Red Ribbon Week falls on a week we have a shortened week, we will celebrate a few days before from October 21-27th. Here are a few dress up days we will be using to honor Red Ribbon Week.

<u>Thursday October 21st</u> R=Really E=Excellent D=Decisions Against Drugs-**Wear Red Day**





Friday October 22 Team up against drugs-Spirit Day

Monday October 25 Sock it to Drugs-Fun sock day





<u>Tuesday October 26</u> Orange You Glad You Checked Yourself-**Wear Plaid or Orange**

Wednesday October 27 Peace out to drugs- Tie Dye Day



Food Service News

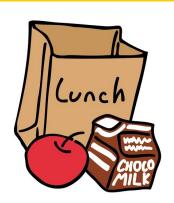
NEWS FROM FOOD SERVICE

HAPPY HALLOWEEN

Thank You ALL for your participation in the School Meal Program.

Updates:

- ~Visit our Menu Web Site denmark.nutrislice.com
- ~Free Breakfast & Free Lunch is offered daily for the Operating School Days per USDA Funding.
- ~Milk Break is offered daily for the Calendar School Days. The Cost for this is \$.45 per day MILK BREAK IS NOT FREE.
- ~If your Child brings a Cold Lunch & wants a Milk, that Cost is also \$.45 That is Not Free.
- ~Free and Reduced Applications are available all year, please contact Kristi Buhr or see School Web Site. PLEASE fill out regardless if free meals are offered
- ~If you Change your E-Mail Address or Move Please notify the School Secretaries so Changes can be made.
- ~PLEASE KEEP FAMILY ACCOUNT BALANCES IN THE POSITIVE.
- ~Please contact Jody Behringer FSD, 863-4220 for any questions
- ~Please have any Payments for the Food Service turned in by 8:30 a.m. daily so it can be credited for that day. PAYMENTS CAN BE MADE THRU THE PARENT PORTAL IN INFINITE CAMPUS Make checks payable to "DENMARK SCHOOL DISTRICT"
- ~PLEASE PUT PAYMENTS IN AN ENCLOSED ENVELOPE MARKED WITH THE HEAD OF HOUSEHOLD & STUDENT(S) NAME. THANK-YOU





Flu Information



Flu:

A Guide for Parents



Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that since 2010, between 6,000 and 26,000 children younger than 5 years old have been hospitalized from flu each year in the U.S. Flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years old and children of any age with certain long-term health problems are at increased risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders

of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at higher risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at higher risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant people should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination during pregnancy protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Are flu vaccines safe?

Flu vaccines have an excellent safety record. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- A flu vaccine can keep you and your child from getting sick. When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce risk of getting sick with flu by about 40 to 60%.
- Flu vaccines can keep your child from being hospitalized from flu.
 One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.
- Flu vaccine can be life saving in children.

A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with higher risk medical conditions and by nearly two-thirds among children without medical conditions.

- Flu vaccination also may make your illness milder if you do get sick.
- Getting yourself and your child vaccinated also can protect others who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a longterm health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years old – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at higher risk of serious flu complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish lips or face
- Ribs pulling in with each breath
- Chest pain

- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F
- In children less than 12 weeks, any fever
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions

This list is not all inclusive. Please consult your medical provider for any other symptom that is severe or concerning.

Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at higher risk of serious flu complications who get flu symptoms. Antivirals can be given to children and pregnant people.

How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C)* or higher.

*Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number can vary depending on factors such as the method of measurement and the age of the person.

For more information, visit

www.cdc.gov/flu/protect/children.htm or call 800-CDC-INFO



Baseball Tournament Team Tryouts for 2022

Any boy, ages 6-11, interested in playing tournament baseball next summer, tryouts will be held in the high school gym Oct.19 from 6:30 -7:30. If you played on a tournament team this past summer, you do not need to try out. For additional information, please pick up a purple form in the Elementary School office.



NOTICE OF NONDISCRIMINATION POLICY

It is the policy of the School District of Denmark that no person may be denied admission to any public school or be denied participation in, be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's gender, color, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, gender orientation, physical, mental, emotional or learning disability.



English:If you need this information in your native language, please contact Deb Kralovetz at kraloved@denmark.k12.wi.us or 920-863-4034.

Spanish: Si necesita esta información en su idioma materno, póngase en contacto con Deb Kralovetz en kraloved@denmark.k12.wi.us o 920-863-4034.

Hmong: Yog tias koj xav tau cov ntaub ntawv no ua koj hom lus, thov hu Deb Kralovetz ntawm kraloved@denmark.k12.wi.us los sis 920-863-4034.

Mandarin Chinese: 如果您需要使用母语提供的这些信息,请联系Deb Kralovetz,电子邮件地址为kraloved@denmark.k12.wi.us或920-863-4034。