

Denmark Middle School

October 2021

Dear DMS Families,

Happy Fall! October is always a busy month and this year is no exception. Please keep an eye on the calendar for all the fun activities and events at DMS in the coming weeks.

We appreciate your partnership and welcome your input and feedback. Please contact us with any questions or concerns, we are happy to help!

Wishing all DMS Families a fun-filled Fall!

Best,

Amy T. Gleeson

Denmark Middle School Principal



Picture retakes October 15th



OCTOBER HAPPENINGS

October 1 - No School

October 5 - Term 1 Mid-term

October 8 - Homecoming Parade @ 2:00

October 14 - Parent/Teachers Conferences

October 15 - Picture Retakes

October 21 - Band Concert DMS Gym
6th grade @ 6:15 pm
7th/8th Grade @ 7:30 pm

October 22 - Dance 3:30 - 6 p.m.

October 25 - Choir Concert DHS PAC 7:30 pm

October 25 - 6th Grade Camp U Activity

October 26 - 6th Grade Camp U Activity

October 28 - No School

October 29 - No School

"Dates and times are subject to change"

6th Grade Adventures

Sixth graders spent a day with staff from the YMCA's Camp U-Nah-Li-Yah. The focus of the day was team building and personal initiative. These concepts were practiced through a variety of fun activities in the beautiful surroundings of Neshota Park. Camp U-Nah-Li Yah staff will return three more times through the school year to facilitate a variety of outdoor education activities.



HOMECOMING SPIRIT DAYS!

October 4-8

Monday: Pajama Day

Tuesday: Hunting Day

Blaze Orange or Camo

Wednesday: Decades Day

Pick a decade and dress up like you are from it

Thursday: Sports Team

Wear your favorite teams gear

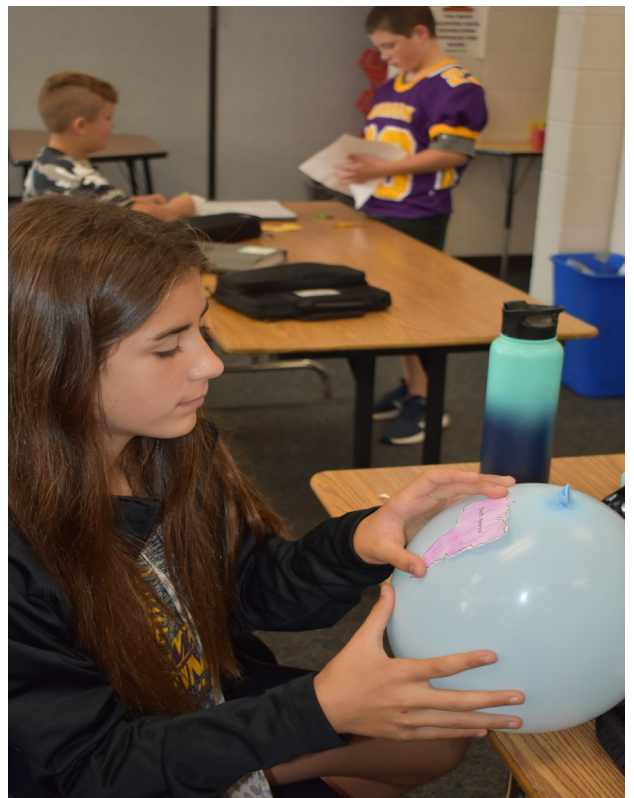
Friday: Viking Pride

2021 Homecoming Parade Route



BALLOON GLOBES

As the school year begins, determining each student's skill set and how best to reach the standards for each subject, we as teachers often start with reviewing. For future lessons, the social studies class will cover what is known as GRAPES (geography, religion, achievements, politics, economics, and social structure). In order for students to better understand the importance of GRAPES, knowing where certain continents are located and how that impacts all the aspects of GRAPES is vital. For me, it is also important to implement lessons that incorporate many learning styles. We have an oceans and continent game we play using Seterra, and the students are creating their own globes (some with partners) by labeling, coloring, and cutting out the continents. Then using latitude and longitude, placing the continents in the proper location. Once this is done, they will also identify the oceans. At the end of the week, there will be an oceans and continents quiz.



September Positive Attitude



Back from left: Sam, Libby, Emma, and Tucker - Front from left: Austin, Addison, Nathan, and Gabby

6th Grade

Sam Kraynik is the son of Eric and Nicole Kraynik. Sam represents the quality of positive attitude because he greets every classmate and teacher with a smile. His subtle sense of humor is enjoyed by all. Sam's classmates see him as a very happy and positive person. His interests include video games, listening to music, and breaking the speed limit with his chair.

Libby Matyshak is the daughter of Michael and Tiffany Matyshak. Libby represents the quality of positive attitude by being kind to others; she gets along with people, always quietly avoiding drama with a pleasant smile on her face. Libby enjoys her cats, music and drawing. She is also learning sign language. Libby is an asset to the sixth grade class.

7th Grade

Emma Abel is the daughter of Ben and Danielle Hebel. Emma has had a strong start to the school year with her positive approach to school and her activities. She genuinely enjoys being involved and doing her best. Emma plays volleyball, soccer, and basketball. She is a member of the archery and track team, while also playing the clarinet and being a part of the FFA. When not busy with her activities, she has fun hanging out with her friends.

Tucker Larsen is the son of Daisy and Jeffrey Larsen. Tucker's positivity has been very noticeable throughout the first month of school. He is always smiling and ready for the day. Tucker plays football, baseball, and is a member of the FFA. In his free time he likes riding his dirt bike and playing video games.

8th Grade

Austin Pasterski is the son of Jennifer and Jason Nelsen and Isaiah Pasterski. Austin always comes to school with a great attitude and a willingness to learn. He is never afraid to ask questions and constantly participates in the classroom. He is polite to his classmates and teachers, always telling them to "have a nice day" as he leaves the classroom. Austin is a member of the 8th grade band and plays the clarinet.

Addison Pinchart is the daughter of Samantha and Anthony Meyer and Timothy Pinchart. Addison is an upbeat student who always has a good attitude and a smile on her face. She is willing to contribute to class discussions as well as lend a helping hand to her classmates whenever called upon. Addison participates in the morning video announcements for DMS, volleyball, basketball, softball, and is a member of the 8th grade band.

Encore

Nathan Chervenka is the son of Mike and Christy Chervenka. As an 8th grader, Nathan currently serves as an FFA Officer and is an active member of the FFA. He attends every activity with a smile. During Viking ACP, he and his partner took on the challenge of building the longest exploding cobra. He is always smiling and has nothing but positive things to say in meetings and events. Nathan is also an extraordinary trap shooter and is willing to put extra time in at the trap club scoring, filling trap houses and helping with raffles.

Gabby Sinkler is the daughter of Eric and Lisa Sinkler. Gabby is currently in 7th grade and is on the volleyball team, an FFA member and a non-horse member of the Equestrian Team. Even without having a horse, she made it a point to be at almost every single practice and event for the team. When she is participating in any activity, she is there with a smile, working hard and encouraging others.



Flu Information

Flu:

A Guide for Parents



Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that since 2010, between 6,000 and 26,000 children younger than 5 years old have been hospitalized from flu each year in the U.S. Flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years old and children of any age with certain long-term health problems are at increased risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at higher risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at higher risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant people should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination during pregnancy protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Are flu vaccines safe?

Flu vaccines have an excellent safety record. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce risk of getting sick with flu by about 40 to 60%.
- **Flu vaccines can keep your child from being hospitalized from flu.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.
- **Flu vaccine can be life saving in children.**

A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with higher risk medical conditions



and by nearly two-thirds among children without medical conditions.

- **Flu vaccination also may make your illness milder if you do get sick.**
- **Getting yourself and your child vaccinated also can protect others** who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

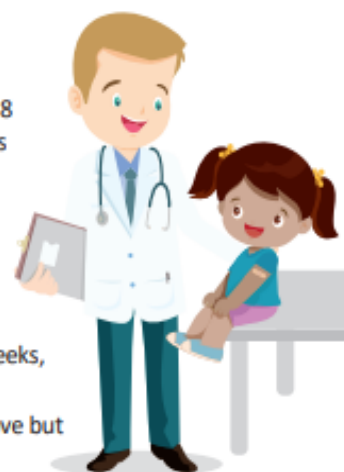
Children younger than 5 years old – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at higher risk of serious flu complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish lips or face
- Ribs pulling in with each breath
- Chest pain

- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F
- In children less than 12 weeks, any fever
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions



This list is not all inclusive. Please consult your medical provider for any other symptom that is severe or concerning.

Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at higher risk of serious flu complications who get flu symptoms. Antivirals can be given to children and pregnant people.

How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C)* or higher.

*Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number can vary depending on factors such as the method of measurement and the age of the person.

For more information, visit

www.cdc.gov/flu/protect/children.htm or call 800-CDC-INFO



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Viking Sports Corner

By: Heather Woyak, DMS Athletic Director

Practice Start Times/Dates

Dance: 3:30-5:30 (M, W, TH, F)

Boys Basketball: 3:15-5:00pm/October 25th

Girls Basketball: 3:15-5:00pm/January 3rd

Wrestling: 3:15-5:00pm/January 3rd

Upcoming Home Games:

Volleyball (7th and 8th): October 4th

Standout Athletes:

7th Grade Football - Jacob Schiesl

Jacob comes to practice every day with a smile on his face ready to play for his teammates. In games you can hear Jacob's encouragement for his teammates, whether he's on the field or on the sidelines. He's always the first one to congratulate his teammates and keep the vibes positive.

8th Grade Football - Carson Yahnke

Carson is the type of player that lets his game do the talking. He reflects a "no fear" attitude that the entire team has bought into. He doesn't care how big the kid is he's trying to tackle, he's going to give it his best effort to make a play for his teammates.

7th Grade Volleyball - Danielle Scriven

Danielle always gives her best effort in practice and in games. She asks questions to help her improve and always has a positive attitude. Danielle is so helpful to the girls and coaches of the 7th grade volleyball teams.

8th Grade Volleyball - Addison Kane

Addison Kane is such a hard worker and always strives to be the best player/person she can be on and off the court!

6th Grade XC - Lee Cary

Even though this is Lee's first year, he never gives up. As the only sixth-grade boy, he has made it a point to stay with the older boys as much as possible. Lee has a great attitude and is an encouraging team member. He is a great asset.

7th Grade XC - Lincoln Arneson

Lincoln is a go-getter! Even though he is the most relaxed person waiting in the box, once that gun goes off, look out! Lincoln gives it his all. He is encouraging to others and is a great team member. He hasn't missed a practice and has good ideas for how we can improve and push ourselves as runners. Lincoln is a great role model.

8th Grade XC - Lincoln O'Leary

Lincoln is a very supportive team member. He hasn't missed a practice, always has a smile on his face, and never complains. Lincoln is a great role model.

Message From Food Service,

We are experiencing food shortages just like the rest of the country, please be patient with us as we navigate through this. I will try my best to communicate through the District communication process.



We will again be participating in the Wisconsin Great Apple Crunch the week of October 11th.

We will be featuring local apples from Hillside Apples in Casco.

Great news! All enrolled students of the School District of Denmark are eligible to receive a healthy breakfast and lunch at school for FREE each day of the 2021-22 school year or until funding is exhausted. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit a meal application. This is possible through the Seamless Summer Option (SSO) of the National School Lunch and Breakfast Programs. Milk Break is a separate program and is based on free, reduced and paid status. **Milk cost is \$.45 per carton. Milk with Lunch and Breakfast is part of the meal. Extra milk or milk with lunch from home is \$.45.**

School meal participation goes beyond helping students with their nutrition. Our food and nutrition program provides real funding beyond the cafeteria into the classrooms.

We still encourage families to fill out meal applications! When we receive free and reduced meal applications we are eligible for more federal funds. The free and reduced eligibility that is initially used for free or reduced meal participation is also used to determine our district's eligibility for other funding such as Title 1, E-rate, and funds other programs across the district.

**In the event funding becomes exhausted in SY 21-22 meal rates are as follows:
Breakfast All Schools: \$1.70, Reduced \$.30 Adults \$2.15**

Elementary/ECC Lunch \$2.60, Reduced \$.40

**Middle School/ High School \$3.00, Reduced \$.40 ** Premium Meal \$3.50,
Adult \$4.15**

**** Free/Reduced Meal Applications are accepted July 1st 2021 thru June 2022**

HAPPY HALLOWEEN from Food Service

Updates:

- ◇ Visit our Menu Web Site - denmark.nutrislice.com
- ◇ Free Breakfast & Lunch is offered daily for the Operating School Days per USDA Funding
- ◇ Breakfast is available at the MS 7:30 - 8:00
- ◇ ANY EXTRAS PURCHASED WILL BE CHARGED ALA CARTE PRICE.
- ◇ ID's at MIDDLE SCHOOL are a REQUIREMENT to purchase food/beverage.
- ◇ Free and Reduced Applications are available all year, please contact Kristi Buhr or see School web site. Please fill out regardless if free meals are offered
- ◇ If you change your E-Mail Address or Move Please notify the School Secretary so changes can be made.
- ◇ PLEASE KEEP FAMILY ACCOUNT BALANCES IN THE POSITIVE
- ◇ PLEASE HAVE ANY PAYMENTS DUE TO FOOD SERVICE TURNED IN BY 8:30 a.m. SO THAT IT WILL BE CREDITED FOR THAT DAY. PAYMENTS CAN BE MADE THRU THE PARENT PORTAL IN INFINITE CAMPASS

**PLEASE PUT PAYMENTS IN AN ENCLOSED ENVELOPE MARKED WITH THE HEAD OF
HOUSEHOLD & STUDENT(S) NAME & PAYABLE TO "DENMARK SCHOOL DISTRICT"**

Thank You for your participation in the School Meal Program.

Please contact Jody Behringer FSD, 863-4220 for any questions.



Middle School FFA



The Middle School FFA Year has kicked off and there are many more activities yet to come. On September 24th, about 60 middle school members went to Badger Sports Park after school. Although the rain hindered many of the outdoor activities, the members still had a blast bowling, playing laser tag and other games indoors. Many were able to get at least one ride on the go karts, swing some baseball bats and play mini golf before the rain arrived. A special thank you to the FFA Alumni for providing soda, hot dogs and chips before the event. On September 30th, about 15 members participated in the Fall Leadership Workshop hosted in Den-

mark. The young members were able to find out more about the FFA and participate in leadership activities put on by the State FFA Officers.

There are still many activities yet to come and it is not too late to join. In order to join, students should join the Google Classroom with the code **"ye7ovyn"**, fill out the "2021-2022 Middle School FFA Member Information Form" and get their \$10 to Mr. Nowak. If you want to get in on the first order of T-shirts this needs to be done by October 8th. Otherwise, you will be waiting until March for your T-shirts.



This month we will be participating in a couple community service activities including Adopt-A-Highway on Monday, October 11th and we will be doing a canned food drive for the Denmark Food Pantry at the Devoted to Denmark Trunk or Treat event on October 30th.



Denmark Archery Club

The Denmark Archery Club is a club that is under NASP (National Archery in the Schools Program) guidelines. It is open to Denmark students grades 6-12. The club has bi-weekly practices. Although you do not have to compete, there are competitions throughout the state and nation including a state competition in Wisconsin Dells and national competition in Kentucky. The club provides bows, but you are welcome to purchase bows if you would like your own. Archery club is challenging for all archers as the bows that are used are all the same and do not have sights. They are compound bows so they are not overly difficult to draw back and draw weights are anywhere from about 10-20 pounds.

We will have the initial club meeting for interested members and their parents on Tuesday, October 12th at 5:30 in the Purple (Old) multipurpose room in the high school. We will start practicing on Monday, November 1st and have practices Mondays and Thursdays until the end of March.

If you are interested in joining please try to attend the meeting. If you have questions, or are unable to attend the meeting, please contact Marty Nowak at nowakm@denmark.k12.wi.us



"This is a collaborative mural featuring students in all of Ms. Hirt's art classes. It is inspired by artist Jen Stark, who specializes in drippy murals throughout the United States."

English: If you need this information in your native language, please contact Deb Kralovetz at kraloved@denmark.k12.wi.us or 920-863-4034. Spanish: Si necesita esta información en su idioma materno, póngase en contacto con Deb Kralovetz en kraloved@denmark.k12.wi.us o 920-863-4034. Hmong: Yog tias koj xav tau cov ntaub ntawv no ua koj hom lus, thov hu Deb Kralovetz ntawm kraloved@denmark.k12.wi.us los sis 920-863-4034. Mandarin Chinese: 如果您需要使用母语提供的这些信息，请联系Deb Kralovetz，电子邮件地址为 kraloved@denmark.k12.wi.us 或 920-863-4034。

NOTICE OF NONDISCRIMINATION POLICY It is the policy of the School District of Denmark that no person may be denied admission to any public school or be denied participation in, be denied the benefits of, or be discriminated against in any curricular, extracurricular, pupil services, recreational or other program or activity because of the person's gender, color, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, gender orientation, physical, mental, emotional or learning disability